A staple in the New York region and an emerging program on the national stage, the Manhattanville College Athletic Department continues to bolster its reputation as a program on the rise in all areas: athletic achievement, academic success and overall participation.

More than 325 Valiant student-athletes (nearly 20 percent of the student body) took part in intercollegiate athletics during the 2011-12 school year showcasing the continued and rapid growth of athletics at Manhattanville. With women’s golf beginning play as a varsity sport in 2012-13, the program now sponsors 20 competitive intercollegiate teams – including eight teams that have been established or re-established since 2007 alone.

And teams at Manhattanville do not just compete, they win. Three teams earned conference regular-season or tournament championships in 2011-12 and two Valiant squads (men’s soccer and men’s golf) made an appearance in the NCAA Tournament. Fifteen of 21 Valiant squads earned berths in their respective conference championships last year, including the third straight title and seventh in 11 seasons for men’s golf. In addition, the men’s hockey, men’s golf and women’s hockey teams all received national rankings over the course of the year.

On an individual level, many Valiant student-athletes were honored in 2011-12 as well, led by All-America selections Eros Olazabal (men’s soccer) and Dan Fiorito (baseball). Manhattanville also boasted three Freedom Conference Players of the Year and two Freedom Rookies of the Year to go with 47 combined All-Conference honorees. In recent years, at least 35 former Valiants have gone on to play their sport professionally either domestically or overseas as well.

But at Manhattanville, athletics is only one part of becoming a well-rounded student-athlete. In the classroom, Valiant athletes consistently achieve higher grade-point averages than the student body as a whole, as evidenced by the 3.219 Athletic Department GPA for the Spring 2012 semester and the fact that all but one Valiant teams recorded a team GPA of 3.000 or higher for the spring term. In addition, men’s tennis senior Michael Capozzi became the department’s first two-time CoSIDA Academic All-American and was one of two CoSIDA Academic All-District representatives, while the department also boasted 89 Academic All-Conference honorees and two MAC Scholar-Athletes of the Year.

Community service also continues to play a vital role in the student-athlete experience at Manhattanville, as each team performs hundreds of community service hours each year. In addition to active involvement with many local sports teams and youth organizations both on and off campus, Valiant teams sponsor events such as the women’s basketball “Pink Zone” night and the annual “Soccer for a Cure” event to promote cancer awareness. As a result of these and other efforts, the school was the recipient of two Jostens/NADIIIA Community Service Awards in 2009, one of only 13 institutions honored and the only school to receive two awards. The service aspect of the Valiant student-athlete experience plays a large role in helping Valiant athletes fulfill the college’s mission of educating students to be ethically and socially responsible leaders in a global community.
Quick Facts and Contents

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Directions to Manhattanville College
FROM SOUTH: Deegan Expressway/New York State Thruway (I-87) north to Exit 8. Follow the Cross Westchester Expressway (I-287) East to the Hutchinson River Parkway. Head north on Hutchinson River Parkway to Exit 27 (in New York, not Connecticut) at Route 120 (Purchase Street). Turn left onto Purchase Street and follow to campus entrance on left.
FROM NORTH: Take the Taconic State Parkway South to Cross Westchester Expressway (I-287) east to Exit 8E (Westchester Ave.). Take second left onto Anderson Hill Road. Make right at first traffic light (Purchase Street) and proceed to campus entrance on right.
FROM WEST: Take the Tappan Zee Bridge (I-287) and continue on the Cross Westchester Expressway (I-287) East, then follow the directions above from the north after the Taconic State Parkway.
COMMERCIAL VEHICLES: The Hutchinson River Parkway, Taconic State Parkway, Saw Mill Parkway, Merritt Parkway, Sprain Brook Parkway and Bronx River Parkway all have severe height clearance limitations and do not permit most commercial vehicles. As an alternate route, use I-87 from the south or west, or I-95 from the east, to I-287 and follow directions above. From the north, use I-684 south, get off at Exit 2 (Westchester Airport) and follow Route 120 South/Purchase Street to campus.

Media Guide Credits
The 2012-13 Manhattanville College Women’s Golf Media Guide was designed, written and edited by Steve Sheridan, Director of Sports Information. Photography courtesy of Gene Boyars and the Manhattanville Sports Information Department.
Anyone with historical information that may be incorrect or that have been omitted from this guide is encouraged to contact the Manhattanville Department of Sports Information. All information in this guide is current as of September 1, 2012. All game times listed throughout the guide are Eastern.
Keith Levinthal begins his 10th full year as Director of Athletics at Manhattanville College in 2012-13 and continues to establish the school as a regional and national leader in athletic success, academic achievement and community involvement. The architect and head coach of Manhattanville’s nationally recognized men’s hockey program before stepping aside in October 2011, Levinthal continues his role in keeping Manhattanville in the local, regional and national spotlight.

Levinthal has led the Valiant athletic program to unprecedented heights in recent years, as Manhattanville has collected 52 conference championships — 26 regular-season championships and 26 tournament titles — in the last eight seasons alone. In that span, the program has also produced 27 conference Players of the Year, 15 All-American selections and one National Player of the Year.

As a head coach with the men’s hockey team, Levinthal stepped aside with the most wins of any mentor in Manhattanville department history, posting a 202-84-28 (.688) record in 12 seasons and twice earning ECAC West Conference Coach of the Year honors. He left as the 14th winningest coach in NCAA hockey history (all Divisions) and sixth among Division III leaders in terms of winning percentage, and led the team to four NCAA Tournaments, four ECAC West Tournament titles and a pair of first-place finishes in the ECAC West regular-season standings.

Under Levinthal’s guidance, Manhattanville as a whole continued its recent string of very successful seasons in 2011-12, with both the men’s soccer and men’s golf teams earning berths in the NCAA Tournament and 15 teams overall reaching postseason play. The men’s soccer team picked up the program’s first-ever at-large bid after a program-record 15-win season, while the men’s golf team dominated the field with a 55-stroke victory at the Freedom Conference Championships and also earned the first national ranking in program history as well during the fall. A pair of Valiants - men’s soccer junior Eros Olazabal and baseball senior Dan Fiorito - were honored as All-Americans by the end of the year, while two student-athletes (Emil Sjoberg and Michael Capozzi) were named MAC Scholar-Athletes of the Year as well.

In 2007-08, Levinthal guided the Athletics Department as it transitioned from the Skyline Conference to the Freedom Conference and also reintroduced volleyball and cross country programs to the school. The Valiants saw immediate success in its new conference as two teams clinched Freedom Conference regular-season championships and three programs won conference tournaments in advancing to the NCAA Tournament. The women’s hockey team advanced to the program’s third National Championship game, while the women’s soccer team reached the NCAA Tournament for the first time in program history.

Levinthal also led the Valiants to a record-breaking year in their final season in the Skyline Conference in 2006-07, as a program-record six teams won conference championships and a record five teams qualified for the NCAA Tournament. His men’s hockey team spent 13 consecutive weeks as the top-ranked team in the nation and earned its first-ever berth in the national semifinals, while goaltender Andrew Gallant became the first Manhattanville student-athlete to be named a National Player of the Year. Six coaches were named as conference Coach of the Year, while a program-best four Valiant student-athletes were also named CoSIDA/ESPN The Magazine Academic All-District honorees. And, for the first time ever, Valiant teams won more league championships than any other Skyline Conference team.

Levinthal saw immediate athletic success during his first full year at the helm, as all 14 of Manhattanville’s athletic programs participated in postseason play during the 2003-04 year. Four teams earned bids to the ECAC postseason tournaments, while the women’s ice hockey program earned its third consecutive NCAA Tournament appearance. In 2004, Levinthal also received the honor of beginning a four-year term on the NCAA Men’s and Women’s Ice Hockey Rules Committee, serving as one of 13 overall members and one of just four from Division III institutions.

But in addition to athletic success, at the heart of every successful program lie sound resources for its lifeblood – its student-athletes. Therefore, Levinthal has made it a priority to provide the resources needed to create an environment in which Manhattanville student-athletes can achieve at the highest level in all areas: academically, socially and athletically.

A 1995 graduate of Hobart College, Levinthal is committed to developing all aspects of the athletics program. In his tenure at Manhattanville, Levinthal’s agenda has included:

Student-Athlete Development - Manhattanville continues to be on the cutting edge in the total development of its student-athletes. Valiant student-athletes have exhibited a strong presence and desire to serve the New York area. All varsity teams participate in outreach activities, positively impacting numerous area youth groups, hospitals, schools and agencies.

Professionalism - Under Levinthal’s guidance, Manhattanville athletics received a much-needed face-lift. With a new website, logo, team colors and method of business, he has streamlined and energized the department. The result has been increased exposure to Manhattanville student-athletes, improved performance both on and off the field, and increased support from fans and alumni.

Exposure - Manhattanville Athletics continues to maintain a strong presence on national and regional media outlets. Levinthal has helped increase the program’s media opportunities as well as displaying the values of the Valiants constantly in the public eye.

Assistant Director of Athletics Julene Fisher

Julene Fisher enters her eighth year as Assistant Athletic Director and Senior Woman Administrator, and her 10th year overall within the Manhattanville Athletic Department in 2012-13.

As Assistant Athletic Director, Fisher is responsible for assisting the athletic director in an administrative capacity. She handles the scheduling for all of Manhattanville’s 21 sports and also handles travel accommodations and assignment of the department’s student workers.

Fisher began her tenure at Manhattanville as an administrative assistant in the Manhattanville development office before moving over to the Athletic Department. Fisher graduated from Marymount College in 2002 as an English/Journalism major. She served as the editor-in-chief of Marymount’s student newspaper, The Cormont, and also was a four-year letterwinner in both swimming and softball at the school.

In television, she worked in conjunction with ABC News, the Discovery Channel and HBO to produce the hit series, "The Justice Files", as well as HBO's Emmy award winning documentary "In Memoriam: New York City, 9/11".
Head Coach David Turco
First Season • American International ’09

David Turco begins his first season as head coach of the new Valiant women's golf program in 2012-13. Turco also enters his second season at the helm of the nationally ranked women's hockey program as well this year.

An avid golfer in the offseason, Turco will be in charge of all aspects for Manhattanville's newest varsity sport, including scheduling, on- and off-campus recruiting, and budget management.

Turco has spent the last three seasons with the Valiant women's hockey team, including one year as head coach in 2011-12. In his first season as a collegiate head coach, he guided the team to a 15-9-4 record and a berth in the ECAC East Conference Tournament championship game. Before taking over the reins of the program, Turco had previously served two years as the top assistant coach with the Valiants, helping the team to one ECAC East regular-season title and the 2011 ECAC East Conference Tournament championship.

A 2009 graduate of American International College, Turco played four seasons on the ice with the Yellow Jackets. In four collegiate seasons, he played in 112 career games with 11 goals and 27 assists for 38 career points, including a career-high four goals and 12 assists in his junior season of 2007-08.

A native of Sault Ste. Marie, Ontario, Turco currently resides in Purchase, N.Y.

Assistant Coach Amanda Alayon
First Season • Fairleigh Dickinson ’11

Amanda Alayon begins her first season as an assistant coach with the nascent Valiant women's golf program in 2012-13, while also continuing in her second year at the helm of the Manhattanville women's volleyball program as well.

In her first season as a collegiate coach with the Valiant volleyball program, she started off by guiding the Valiants to the best start to a season in program history and finished the year with a 15-15 record, the most wins in a single season and the program's first .500 season in 10 years.

Alayon played four years on the volleyball court at Division I Fairleigh Dickinson University, where she was a two-year starter as a defensive specialist for the Knights. She had her best year as a senior, when she ranked fourth on the squad with a career-high 252 digs and 24 service aces and also ranked third on the team in assists. Off the court, the scholarship student-athlete was a four-year member of the Northeast Conference Academic Honor Roll and was named a FDU Knights Scholar-Athlete in all four seasons.

A 2011 graduate of Fairleigh Dickinson, Alayon currently resides in West Haverstraw, N.Y.
The Valiant women’s golf team begins play as the 20th and newest varsity sport at Manhattanville in 2012-13, as the Valiants look to make an immediate impact in the nascent Middle Atlantic Conference and find a way to the NCAA Tournament for the first time.

Under head coach David Turco, who also manages the nationally ranked women’s hockey team during the winter, the Valiants played a limited schedule during the fall season and are fully focused on their spring schedule.

In the program’s first-ever outing at the William Smith Invitational on September 22-23, Manhattanville beat out four teams to take fourth place at the two-day event, finishing with a team score of 919. Freshman Karla Molina was the team’s top finisher, placing 19th overall with a two-day score of 217, including the Valiants’ low round of the weekend with a 106 on Sunday.

Seniors Julia Callo, Jessica Kehoe and Erin Sidjak, as well as freshman Maria Dietsch, also performed well at William Smith and will be counted upon to put up good scores throughout the spring.

Freshman Isabel Martinez also joins the fold for the spring semester and will challenge for a spot in the top-five rotation as well. After an abbreviated fall season, Manhattanville will take up a full schedule during the spring season, participating in five one-day events in preparation for the postseason.

The Valiants start the spring on April 8 at the Misericordia Invitational, and the team will also take part in events at fellow conference schools Stevenson (April 13), FDU-Florham (April 17), and Arcadia (April 24) in addition to an April 21 invitational at East Stroudsburg. The program will also look for a good result at the season-ending Middle Atlantic Conference Championships, which will be held at Golden Oaks G.C. in Fleetwood, Pa., on April 28. The winner of the MAC title will receive an automatic berth to the NCAA Div. III Championships, which will be held at the Sandestin Golf and Beach Resort in Miramar Beach, Fla. on May 14-17.

<table>
<thead>
<tr>
<th>Name</th>
<th>Yr.</th>
<th>Ht.</th>
<th>Hometown/High School (Previous School)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Julia Callo</td>
<td>Sr.</td>
<td>5-3</td>
<td>Manchester, Vt./Long Trail School</td>
</tr>
<tr>
<td>Maria Dietsch</td>
<td>Fr.</td>
<td>5-5</td>
<td>Santo Domingo, Dominican Republic/Carol Morgan School</td>
</tr>
<tr>
<td>Jessica Kehoe</td>
<td>Sr.</td>
<td>5-7</td>
<td>Kemptville, Ontario/St. Michael Catholic</td>
</tr>
<tr>
<td>Isabel Martinez</td>
<td>Fr.</td>
<td>5-4</td>
<td>Quito, Ecuador/Colegio Americanico</td>
</tr>
<tr>
<td>Karla Molina</td>
<td>Fr.</td>
<td>5-4</td>
<td>Guatemala City, Guatemala/The Kent School</td>
</tr>
<tr>
<td>Erin Sidjak</td>
<td>Sr.</td>
<td>5-7</td>
<td>Delta, British Columbia/Burnsviw Secondary</td>
</tr>
</tbody>
</table>

Head Coach: David Turco (American International ’09, first season)
Assistant Coach: Amanda Alayon (Fairleigh Dickinson ’11, first season)
Assistant Coach for Player Development: Peter Norton (Saint Peter’s ’62, eighth season)

**Fall 2012 Schedule**
- Sept. 22 at William Smith Invitational (Clifton Springs C.C.)
- Sept. 23 at William Smith Invitational (Clifton Springs C.C.)

**Spring 2013 Schedule**
- Apr. 8 at Misericordia Invitational (Mountain Lauren G.C.)
- Apr. 13 at Stevenson Spring Invitational (Piney Branch G.C.)
- Apr. 17 at FDU-Florham (Sunset Valley G.C.)
- Apr. 21 at East Stroudsburg Invitational (Great Bear G.C.)
- Apr. 24 at Arcadia Quad-Match (Lulu C.C.)
- Apr. 28 Middle Atlantic Conference Championships (Golden Oaks G.C.)

**The Middle Atlantic Conference**

With the exception of the Valiant men’s and women’s hockey programs, every Manhattanville varsity sport has competed under the umbrella of the Middle Atlantic Conferences since joining the conference prior to the 2007-08 school year.

Founded in 1912 and celebrating its 100th year in existence this year, the MAC is one of the oldest intercollegiate athletic associations in the United States. An umbrella organization consisting of three conferences – Commonwealth, Freedom and Middle Atlantic – the MAC sponsors 23 Division III sports and boasts 18 current member schools, including recent additions Hood and Stevenson.

With the exception of cross country, track and women’s golf, which compete in the Middle Atlantic Conference against both Freedom and Commonwealth teams, all Manhattanville sports compete in the Freedom Conference alongside seven other institutions. As a result, every Valiant athletic team has the opportunity to annually compete for a conference title and an automatic berth into the NCAA Tournament.
2012-13 Player Bios

**JULIA CALLO**
Senior • 5'2” • Manchester, Vt./Long Trail School

**High School:** A 2009 graduate of the Long Trail School ... a four-year letterwinner on the golf course for the Lynx ... was a three-year National Honor Society member in high school.

**Personal:** Born October 15, 1991 ... daughter of Courtney and Rodger Callo ... has twin sisters, Julia and Petra, both of whom are freshmen on the Valiant women's soccer team ... majoring in sociology with a history minor at Manhattanville with the hopes of becoming a preschool teacher.

**MARIA DIETSCH**
Freshman • 5'5” • Santo Domingo, Dominican Republic/Carol Morgan School

**High School:** A 2012 graduate of the Carol Morgan School ... did not golf but played soccer and basketball for the Sharks.

**Personal:** Born January 20, 1994 ... daughter of Laura Castillo and Rodolfo Dietsch ... has a sister, Graciella, and a brother, Rodolfo ... plans to major in finance with a minor in Mandarin at Manhattanville.

**JESSICA KEHOE**
Senior • 5'7” • Kemptville, Ontario/St. Michael Catholic

**Prep:** Played four years of hockey for the Nepean Wildcats ... played for the Nepean Junior Wildcats (08-09), Nepean Midget AA Wildcats (06-08), and Nepean Bantam AA Wildcats (05-06) ... named Most Valuable Player and captain (05-06) and served as assistant captain in her final two years ... was a member of the three-time Ottawa District Women's Hockey Association League championship team with Nepean (06-09) ... also played soccer all four years and volleyball for two years.

**Personal:** Born September 11, 1991 ... daughter of Terry and Sheila Kehoe ... has one brother, Craig ... a business management major with a double minor in French and philosophy at Manhattanville ... also is a four-year letterwinner on the nationally ranked women's hockey team during the winter and played two seasons of soccer at Manhattanville as well.

**ISABEL MARTINEZ**
Freshman • 5'4” • Quito, Ecuador/Colegio Americano

**High School:** A 2012 graduate of Colegio Americano ... participated in multiple national golf tournaments in high school and also played soccer ... was named the school's best athlete in 2009.

**Personal:** Born August 18, 1994 ... daughter of Ana Maria de Guzman and Fernando Martinez ... has a sister, Ana, and a brother, Fernando ... plans to be a management and marketing double major at Manhattanville.

**KARLA MOLINA**
Freshman • 5'4” • Guatemala City, Guatemala/The Kent School

**High School:** A 2012 graduate of the Kent School ... played soccer in high school for Colegio Interamericano Guatemala.

**Personal:** Born December 10, 1993 ... daughter of Karla Galindo and Hugo Molina ... plans to major in biochemistry and a minor in marketing at Manhattanville.

**ERIN SIDJAK**
Senior • 5'6” • Delta, British Columbia/Burnsview Secondary

**Prep:** Did not play hockey for Burnsview Secondary ... played for the Pacific Steelers for two seasons ... captained the team in her final season of 2008-09.

**Personal:** Born November 29, 1991 ... daughter of Brad and Lori Sidjak ... has one brother, Mitchell ... majoring in sociology and minoring at criminal law at Manhattanville ... also is a four-year letterwinner on the nationally ranked women's hockey team during the winter season and played two years with the Valiant softball team as well.
2011-12 Conference Season in Review

2012 Middle Atlantic Conference Championship Results
April 29, 2012 - White Haven, Pa.
Mountain Laurel Golf Club

<table>
<thead>
<tr>
<th>Rank</th>
<th>Team</th>
<th>Day 1</th>
<th>Par</th>
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<tbody>
<tr>
<td>1</td>
<td>Alvernia</td>
<td>352</td>
<td>+64</td>
</tr>
<tr>
<td>2</td>
<td>Eastern</td>
<td>408</td>
<td>+120</td>
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<tr>
<td>3</td>
<td>Misericordia</td>
<td>422</td>
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<tr>
<td>4</td>
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<tr>
<td></td>
<td>Stevenson</td>
<td>DNF</td>
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</tbody>
</table>

2012 Middle Atlantic Conference Postseason Honors

All-Conference Team:
- Katie Fitzharris - Alvernia 83 (+11)
- Sarah Ashe - Alvernia 86 (+14)
- Paige Brach - Alvernia 88 (+16)
- Rose Thress - Alvernia 95 (+23)
- Lauren Clemson - Misericordia 97 (+25)
- Megan Heintz - FDU-Florham 97 (+25)
- Chelsea Prosser - Alvernia 97 (+25)

Player of the Year:
- Katie Fitzharris - Alvernia

Rookie of the Year:
- Katie Fitzharris - Alvernia

Coach of the Year:
- Tom O’Connell - Alvernia

Over the course of the 2011-12 season, three programs – Manhattanville College, Lebanon Valley College and Arcadia University – announced that they would field varsity women's golf programs beginning in 2012-13. As a result, the teams will join the six existing programs – Albright College, Alvernia University, Eastern University, FDU-Florham, Misericordia University and Stevenson University – to give the Middle Atlantic Conference enough programs to qualify for an automatic berth into the NCAA Div. III Championships in Spring 2013.
The Manhattanville golf programs are blessed to compete in Westchester County, where there are no shortage of beautiful golf courses of which the Valiants can take advantage. While, Manhattanville does not call one specific course home, the team has many local courses, including the ones below, that the players can use for hone their skills both at daily practice rounds or when hosting annual tournaments.

Facilities

Local Golf Courses

 Ranked as one of the top 100 courses in America by *Golf Digest*, Hudson National Golf Club (top left) provides spectacular views of the Hudson River in addition to a world-class challenge for Manhattanville’s golfers. A Tom Fazio design, Hudson National served as host to the Manhattanville/NYU Fall Classic in October 2011 and will become the title sponsor for the men’s fall invitational beginning in 2012.

One of the top courses in Connecticut, The Stanwich Club (top right) is an imposing test of golf for all skill levels. Long and tight with trees lining all 18 fairways, the Stanwich course features the area’s fastest greens guarded by plenty of bunkers and water hazards. The host course for the 2011 Palmer Cup, the club looks to join the rotation for the Manhattanville men’s spring invitational.

Located just seconds from campus on Anderson Hill Road, Century Country Club (bottom right) is yet another challenging option available to the Valiants without leaving Purchase. A 6,807, par-71 layout, Century offers beautiful views and requires demanding shot-making. The course was designed by Colt & Alison and opened in 1908.

Overlooking the Long Island Sound in Mamaroneck, Hampshire Country Club (bottom left) has hosted a pair of Manhattanville invitationals since 2009. Built in 1927, the course features small and elevated greens as well as narrow, tree-lined fairways. Combined with hilly terrain and plenty of water, Hampshire is yet another great place for Valiant golfers to test their skills.

Kennedy Gymnasium

Dedicated in October 1957 by the family of eventual United States President John F. Kennedy, Kennedy Gymnasium is the day-to-day operational home of the Manhattanville Athletic Department as well as the home court for the Valiant men’s and women’s basketball and women’s volleyball programs. Kennedy’s main attraction, a basketball and volleyball arena, is flanked by strength & conditioning, sports medicine, locker room and office facilities, as well as a full-length swimming pool and dance studio, making it the daily hub of Athletics at Manhattanville.

All in-season sports have their own space inside Kennedy Gym’s multiple locker rooms, all of which are in the process of being completely renovated throughout the 2012-13 season. Inside the fully-enclosed locker rooms, each player is allowed his or her own locker for the full season and members of the coaching staff are able to address their team before, during and after games or events. The rooms also serve as a perfect congregating spot for teams at any time throughout the season.

The rest of the locker rooms inside Kennedy Gym include full shower and locker facilities, as well as access to Manhattanville’s swimming pool, strength and conditioning facilities, and athletic training facilities.

The offices of almost all varsity head and assistant coaches at the school are also located within Kennedy Gym, as are the offices of all Manhattanville athletics administrators.

Locker Rooms

During the early portion of the 2012-13 season, the Athletic Department began its first major renovation of Kennedy Gym in years, as the department’s outdated and inadequate locker room facilities as well as the gym’s main lobby area will be completely revamped in time for the start of the 2013-14 season.

The redesign started with a completely new floor plan for the Kennedy lower level, creating more locker room space for Valiant student-athletes. All locker rooms will include individual wooden locker stalls with personalized nameplates and storage units, new wall-to-wall carpeting, and customized team white boards that provide for pre-game, in-game and post-game instruction. The locker room shower facilities were also upgraded as well, providing a better all-around experience for Manhattanville’s student-athletes.

The renovations also created and upgraded visiting team locker room facilities as well, giving Valiant opponents a better experience off the field of play.

In addition, the Kennedy Gym lobby area also will see its first major changes in many years. The lobby will include a fresh paint job, more Valiant signage, a large picture collage showcasing some of the school’s many conference championship teams, as well as team photos from all 20 Valiant varsity sports.

Some portions of the renovation have already been completed, including the room being used by the women’s basketball team during the winter season. All men’s and women’s locker rooms will be completed by the end of the 2012-13 school year so that all teams will be able to enjoy their new space in 2013-14!
Focused on the overall development of the student-athlete, the Manhattanville Strength & Conditioning staff maximizes the athletic performance of Valiant athletes by using the most effective and efficient training techniques to compete injury free at the highest level of competition. The aim is to instill a sense of self-discipline, respect and responsibility to achieve the ultimate goal of a team championship.

The strength and conditioning department is housed inside Healthworks, a large, state-of-the-art weight and cardiovascular training facility located on the bottom floor of the Athletic Department hub, Kennedy Gymnasium. The room includes several power development stations, glute ham benches, decline abdominal benches and physioballs and cardiovascular machines that are available for student-athlete use both in and out of season as well as during the summer.

In 2007, Manhattanville College opened the new Richard A. Berman Student Center in the center of campus that includes a first-class workout area for the general student population; as a result, Healthworks is now the exclusive strength and conditioning home of Valiant student-athletes.

### Head Coach Corey Crane

**Fifth Season - Northern Iowa ’97**

Corey Crane is in the fourth season of his second stint as Manhattanville’s Head Strength and Conditioning Coach and also serves as the school’s Assistant Athletic Director for Academics.

Crane is responsible for managing and providing the design, implementation, supervision and evaluation of the strength and conditioning program utilized by the school’s 22 varsity sports.

Crane brings a wealth of strength and conditioning experience to Manhattanville. He previously spent two years as the Associate Head Strength and Conditioning Coach at the United States Military Academy at West Point, working with all of the school’s 17 sports but focusing primarily on the Academy’s football, men’s lacrosse, hockey and volleyball programs.

Crane also has worked as the Head Strength and Conditioning Coach at Western Illinois University during the 2005-06 school year and previously spent one year in Purchase as Manhattanville’s Head Strength and Conditioning Coach before taking an assistant position at Army for four years.

### Graduate Assistant Coach Jason Ward

**Second Season - SUNY Albany ’07**

Jason Ward is in his second season as the assistant strength and conditioning coach at Manhattanville in 2012-13.

In his role, Ward works with head coach Corey Crane to manage and provide the design, implementation, supervision and evaluation of the strength and conditioning program utilized by all 22 Manhattanville varsity sports.

Outside the Manhattanville realm, Ward is a professional Mixed Martial Arts fighter and has competed at both the amateur and professional levels.

A graduate of SUNY Albany, he received a bachelor’s degree in sociology with a concentration in criminal justice in 2007. He currently resides in New Rochelle, N.Y., as he pursues his graduate degree at Manhattanville.

### Sports Medicine

The Sports Medicine facilities at Manhattanville are located inside the hub of Manhattanville Athletics, Kennedy Gym, and are the only place for all Valiant student-athletes from all 22 varsity sports come to receive comprehensive health care from any of the department’s fully-certified, full-time athletic trainers.

The athletic training staff has five main objectives: prevention of athletic injuries; recognition, evaluation and treatment of injuries that do occur; rehabilitation; health care administration; and professional development. The athletic training staff also has on-campus access to state-of-the-art training methods, including ultrasound capability, electrical muscle stimulation and whirlpool treatments.

The training staff is also privileged to be affiliated with some of the best physicians in the Westchester area, benefiting from a close relationship with Plancher Orthopedics and Sports Medicine and head team physician Dr. Kevin Plancher, who works out of nearby Greenwich, Conn.

The Manhattanville Sports Medicine staff can be contacted throughout the day via phone (914-323-7276), fax (914-323-7212) or email (mciver@govaliants.com).

### Assistant Trainer Cameron Hillis

**First Season - Connecticut ’91**

Cameron Hillis, MS, ATC, enters his first season as the assistant athletic trainer at Manhattanville. Hillis previously served as the school’s head trainer from 2000-02 before returning to the school before the 2006-07 school year.

After departing Manhattanville in 2002, McIver was named the head athletic trainer at Iona Prep High School, providing coverage for 20 sports and 250 student-athletes. Before his first stint in Purchase, McIver served as an associate athletic trainer at Pace University for 12 years from 1989 to 2000, coordinating athletic training coverage and strength and conditioning for all Setter sports.

Hillis received his master’s degree in Athletic Training and Exercise Science from Long Island University in 1990 and his bachelor’s degree in Psychology from Iona College in 1983. A member of the National Athletic Trainers Association and American Orthotic and Prosthetic Association, he is also an Emergency Medical Technician and a licensed massage therapist.

### Graduate Assistant Trainer Victoria Gagliardi

**Second Season - Sacred Heart ’10**

Victoria Gagliardi is in her second year as an assistant athletic trainer in the Manhattanville Sports Medicine Department in 2012-13.

A 2010 graduate of Sacred Heart University, Gagliardi spent three years working as a student assistant as an undergraduate and worked with seven of the school’s Division I programs. She was named the school’s Student Athletic Trainer of the Year as a senior and also received the school’s Patrick McCaughy Scholarship in 2010.

Gagliardi is NATABOC certified and also certified by the American Red Cross in CPR/AED for the Lifeguard, and Lifeguarding and First Aid.

### Graduate Assistant Trainer Janine Bernardo

**First Season - Springfield ’11**

Janine Bernardo is in her first year as an assistant athletic trainer in the Manhattanville Sports Medicine Department in 2012-13.

A 2011 graduate of Springfield College, she has been working since March at Professional Orthopedic and Sports Physical Therapy in midtown Manhattan as an athletic trainer. She previously was an athletic training intern at the ESPN Wide World of Sports Complex in Orlando.

Bernardo is a member of the National Athletic Trainers Association and the National Strength and Conditioning Association, and is also certified by the American Red Cross in CPR for the Professional Rescuer.
Manhattanville College, located just north of New York City in thriving Westchester County, has been educating young people on its beautiful 100-acre campus for over 150 years. With only 1,700 undergraduate students, each student is able to make a personal contribution to the campus community in more than 50 areas of study and 50 campus clubs. Also one of the most diverse campuses in the area, Manhattanville attracts students from 48 states and 76 countries.

**SCHOOL HISTORY**

Founded in 1841 in a three-story building on Houston Street of Manhattan’s Lower East Side as the Academy of the Sacred Heart, a Catholic boarding school for girls, Manhattanville has been educating students in the New York area for over 150 years.

Six years after its founding in 1847, the academy relocated to an area just north of New York City on a hill overlooking the village of Manhattanville. Destroyed by fire in 1888, the academy was rebuilt on the same foundation and continued to grow both in curriculum and physical environment. In March of 1917 – 76 years after its founding as an academy – Manhattanville was chartered as a college by the New York State Board of Regents, allowing the school to grant undergraduate and graduate degrees for the first time.

Thirty-five years later, in 1952, Manhattanville moved to its current location in Purchase on the former estate of New York Tribune publisher and Ambassador to England Whitelaw Reid. The estate included a mansion, Ophir Hall, which has since been renamed Reid Castle and serves as the centerpiece of Manhattanville’s picturesque Westchester campus.

**ABOUT MANHATTANVILLE**

At Manhattanville College, rigorous academic preparation within a nurturing environment is matched by personalized attention to every student. Our close-knit community of 1,700 undergraduate students and 1,200 graduate students allows each student to make a personal contribution for the school. The student body also is one of the nation’s most diverse according to the Princeton Review, representing almost every state and more than 75 countries.

With more than 50 areas of undergraduate study, ranging from the Liberal Arts to cross-disciplinary studies such as Environmental Science and professional concentrations such as Business and Museum Studies, our students discover their passions and feel empowered to make a difference in the larger local, national and international communities around us. The school offers Bachelor of Arts, Fine Arts, Music and Science degrees, while also housing a highly respected and blossoming array of graduate programs.

Our students also participate in over 50 social clubs, run an award-winning radio station, and collectively engage in over 30,000 hours of community service each year. Many students also design their own majors by matching interests with courses, providing a unique educational experience both in and out of the classroom.

Our beautiful 100-acre campus with its historic architecture and recent environmentally-responsible buildings is set in thriving Westchester County. Life at Manhattanville blends the leisurely pace of suburbia with the rich cultural resources and fast pace of New York City, which is only thirty minutes away.

**THE CORE VALUES**

Proudly a value-oriented liberal arts college for more than 150 years, Manhattanville is still guided by the mission "to educate students to become ethically and socially responsible leaders for the global community."

Manhattanville is committed to following its mission by:

- Ensuring the intellectual, ethical and social development of each student within a community of engaged scholars and teachers;
- Encouraging each student to develop as an independent leader and creative thinker in pursuing career and personal goals; and
- Providing a diverse, inclusive and nurturing environment which develops in each student a commitment to service and leadership within a global community.
A TRADITION OF SERVICE

Co-educational since 1969 and non-denominational in its governance since 1971, Manhattanville’s original vision lives on in the tradition of service begun by the Society of the Sacred Heart. This tradition, which preceded the college’s charter, determined the character the school would have: a firm belief in the liberalizing effect of the liberal arts, a lively sense of tradition, a wide-ranging interest in the most humane manifestations of the human spirit, and a continuing effort to enhance the local community and to accept responsibility for this segment of human history.

As a result, countless students are involved annually in a number of community service and social action programs. Last year, Manhattanville’s students contributed over 30,000 hours of service while gaining valuable experience in such areas as management, teaching and advocacy.

At the heart of Manhattanville’s ethic of community service and service learning is the Duchesne Center for Religion and Social Justice. The center, which coordinates many of Manhattanville’s myriad service programs, serves as the coordinator, catalyst and incubator for community outreach, cultural leadership and spiritual initiatives both across the Manhattanville campus and beyond.

In addition, the Connie Hogarth Center for Social Action works closely with the Departments of Sociology and Political Science and helps the next generation of college-educated activists acquire the practical skills and knowledge necessary for work in some field of social change.

NEW YORK CITY

While on the school’s beautiful 100-acre campus, students are only a 30-minute car or Metro North train ride from New York City, giving them the chance to blend the leisurely pace of suburban life in Westchester with the most populous and exciting city in the United States.

Manhattanville’s location offers students a unique opportunity to take advantage of all that New York City has to offer. Whether you want to enjoy a Broadway show, catch a professional sports event, tour a museum or art gallery, shop at the world’s best stores, dine at the country’s best restaurants, or simply stroll around and take in the city’s many well-known landmarks such as the Statue of Liberty or Times Square, New York City offers something for everyone to enjoy.

The school’s proximity to the worldwide leader in finance, entertainment, culture and more also offers Manhattanville undergraduate and graduate students a unique and exciting opportunity for jobs and internships both in the city itself and in the thriving New York City suburbs, including right here in Purchase!

MY SOLDIER

Manhattanville’s most well-known social action program was founded by a Valiant student-athlete, men’s soccer player Juan Salas, a naturalized U.S. citizen originally from Venezuela who saw active combat duty in Iraq and was commended for saving the life of a child during his tour.

Salas said his mission in Iraq was to “win the hearts and minds of the Iraqi people,” but he continued that while the service was at times challenging: “It was the letters that kept me going,” he said. “From kids, boy scouts, students. A letter was like a piece of gold, something you want to keep for the rest of your life.”

When Salas got back to Manhattanville, he wanted to help his fellow soldiers overseas and approached then-College President Richard A. Berman with an idea. Together with Berman and administrator Anne Gold, they launched the My Soldier program on February 14, 2004.

Participants in the My Soldier program, who were not limited to Manhattanville students, sent letters and occasional care packages overseas to boost the quality of life for American troops.

A non-politically affiliated program, My Soldier was wildly successful, with participants from all 50 states and over 400,000 people in total, reaching more than 175,000 U.S. troops.

In the classroom, students have the opportunity to choose over 50 different fields of undergraduate study at Manhattanville; outside of it, there are at least 50 extracurricular clubs and organizations available for students to discover and cultivate their passions.